



Pre-Reading Activities

A: Matching and discussion

Part One: Match the questions and the answers:

1. What is your name? _____
2. Where are you from? _____
3. What do you do in your free time? _____



Part Two: Answer these questions about Part one.

(Her name is _____.)

b. Where is she from?

(She is from _____.)

c. What does she do in her free time?

(She likes _____.)

Part Three: Answer these questions in pairs.

- a. What is your name?
- b. Where are you from?
- c. What do you do in your free time?

Part Four: Today you will be reading about a happy man. What makes you feel happy? Tell your partner.

Reading Activities

A: Making Questions

Put these words in order to make questions.

1. is / his / What / name ?
2. Where / he / is / from ?
3. old / How / he / is ?
4. do / What / does / he / in / his / free time ?
5. does / he / run / When ?
6. miles / does / How many / he run ?
7. makes / him / What / feel happy ?

B: Comprehension

Read Part One of today's article on the next page. Answer your questions from **Reading Activity A**. Write the answers in the spaces below.

1. His name is _____.
2. He is from _____.
3. He is _____.
4. He _____.
5. He runs _____.
6. He runs _____.
7. He feels happy because _____.



I feel happy because I run!

Thursday March 24, (Reuters) - Dean Karnazes is 42-
years-old and lives in San Francisco.

He loves running - he often runs all night. He runs 70 to 120
miles a week.

(Continued/...)

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C: Checking Information

Read these sentences. Some information is incorrect. Read Part Two of the article below.
Correct the wrong information.

1. I put my children to bed on Friday afternoon.
2. I run 70 miles.
3. I arrive at a hot spring.
4. I meet my family on Sunday morning.

He puts his two children to bed on a Friday night, and runs
70 miles to a hot spring. He meets his family at the hot
spring in the morning.

(.../Continued)

Words: *put children to bed* - help children get ready
to sleep and put them in their beds)

spring - a place where water comes out of the ground

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D: Complete The Gaps

Read **Part Three** of the article. Use the words below to fill the gaps.

credit card, man, pizza, pizza

He takes his (1) _____ and his cell phone and runs.
He phones and orders (2) _____.

He tells the pizza delivery (3) _____ where to meet him
and he brings him a hot (4) _____.

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E: Scanning

Read **Part Three** of the article again and answer these questions:

1. Why does he take his credit card and his cell phone?
Because he _____.
2. What does the pizza delivery man bring?
He brings him a _____.



Post Reading Activities

You may do one or more of these.

A: Extra Reading

Read today's article again. (There is one more paragraph.)

Answer this question as you read:

What is the name of Dean's wife? _____

I feel happy because I run!

Thursday March 24, (Reuters) - Dean Karnazes is 42-years-old and lives in San Francisco.

He loves running - he often runs all night. He runs 70 to 120 miles a week.

He puts his two children to bed on a Friday night, and runs 70 miles to a hot spring. He meets his family at the hot

He takes his credit card and his cell phone and runs. He phones and orders pizza. He tells the pizza company man where to meet him and he brings a hot pizza.

Karnazes has a natural foods company. He runs in 10 races over 100 miles each year. People ask him why he runs. His wife, Julie says, "Just look at him: He's so happy."

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B: Language



*I'm Andy Black.
I'm a student.
I like karaoke and going out
with friends.*

Part One

Look at the picture above. Imagine you are Andy. Answer these questions.

- What is your name? *I'm* _____.
- What do you do? *I'm a* _____.
- What do you do in your free time? *I like* _____.

Part Two

Imagine Dean is introducing himself to your class. Read these sentences. Complete the gaps with the correct form of the verb 'to be':

- Hi, my name _____ Dean Karnazes.
- I _____ 42 years old.
- I _____ from San Francisco.
- I _____ married.
- My wife's name _____ Julie.

Read more sentences about Dean. Then fill the gaps in the sentences using 'I'. Change each verb so it is the correct form.

- He has a natural foods company. --> *I* _____ a natural foods company.
- He loves running. He often runs all night. --> *I* _____ running. *I often* _____ all night.
- He has two children. --> *I* _____ two children
- He takes his credit card and cell phone and he goes running. --> *I* _____ my credit card and my cell phone and *I* _____ running.
- His wife Julie says running makes him feel happy. --> *Julie* _____ running makes me feel happy.

Part Three

Write some sentences about yourself. Use the sentences above to help you.



TEACHERS' NOTES AND ANSWER KEY

Pre-Reading Activities

A: Matching And Discussion - Notes

3. You may like to model the structures used by answering the questions yourself.

A: Matching And Discussion - Answers

1. What is your name? My name is Atsuko Hara.
Where are you from? I'm from Tokyo, Japan.
What do you do in your free time? I like running.
2a. Atsuko Hara, b. Tokyo, Japan, c. running.
3. and 4. Answers will vary.

Pre-Reading Activities

A: Making Questions - Answers

1. What is his name?
2. Where is he from?
3. How old is he?
4. What does he do in his free time?
5. When does he run?
6. How many miles does he run?
7. Why does he feel happy?

B: Comprehension - Notes

Watch answers for 7. as students may forget to add the 's' on run when changing it from first person to third person. Students may remember as they are presented with 'feels'.

B: Comprehension - Answers

1. Dean Karnazes, 2. San Francisco, 3. 42 years old, 4. running, (or He runs). 5. all night, 6. 70 to 120 miles a week, 7. he runs.

C: Checking information - Answers

1. I put my children to bed on Friday night.
2. Correct
3. Correct
4. I meet my family on Saturday morning.

D: Complete The Gaps - Answers

1. credit card, 2. pizza, 3. man, 4. pizza

E: Scanning - Answers

1. Because he phones and orders pizza.
2. He brings him a hot pizza.

Post-Reading Activities

A: Extra Reading - Answers

His wife's name is Julie.

B: Language - Answers

Part One

a. Andy Black, b. student, c. singing and going out with friends.

Part Two

a. is, b. am/ I'm, c. am/ I'm, d. am/ I'm, e. is, f. have, g. love, run, h. have,
i. take, go, j. says.

Part Three

Answers will vary.

